



# Trinity MENNONITE CHURCH

## Sermon Discussion Guide

September 16, 2018

*Life Beneath*

Ephesians 5:15-33

### Responses and Reactions

What disturbed you, challenged you, or intrigued you in this week's message?

### Digging Deeper

What does healthy mutual submission look like? What does unhealthy submission look like?



Read Hebrews 5:7-9. What do you think it means that Jesus "learned obedience from what he suffered"?

### Bringing It Home

Where at home, at work, at church, or elsewhere is the Spirit inviting you into some small act of submission - of prioritizing someone else's interests or of not getting your own way?

Is there currently any area of your life you might want to invite your Life Group to speak into? Consider carefully what you might have to gain from following the lead of someone you trust.



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