

## **Sermon Discussion Guide**

September 23, 2018

Inside Out: You & Me & We & How

Matthew 6:5-13

## **Responses and Reactions**

What disturbed you, challenged you, or intrigued you in this week's message?

## **Bringing It Home**

How has prayer been important in your own spiritual journey?

What experiences do you have of how prayer changes circumstances or perspective?

## **Practice Together**

Prayer is not meant to be primarily a topic of conversation but an action in which we engage. Set aside a significant amount of time in your group to go through the following prayer exercise together:

Have different people read the following Bible verses to the group and then pray aloud together on what ever the verse brings to your mind and soul. Each reader should begin reading their passage when they feel enough time has passed so that everyone who feels led to will have had a chance to do so.

Leader: God, our redeemer and our friend, hear our prayers and restore our spirits so they are aligned with yours.

Reader 1: Psalm 34:8-9

Reader 2: Romans 8:38-39

Reader 3: Matthew 7:7-8

Reader 4: 1 John 1:9

Leader: We offer these praises, petitions, and confessions up to you and trust that you will be faithful to your people as we call upon you. We pray this all in the name of our Lord and your son, Jesus, amen.

