

Sermon Discussion Guide

January 17, 2021

The Anger Train

Matthew 5:21-26

Responses & Reactions

- What disturbed you, challenged you, or intrigued you in this week's message?

Digging Deeper

- Why do you think Jesus is so hard on anger here? Why doesn't he draw a distinction between anger that is justified and unjustified?
- What does "sinless" anger look like? What are some signs that anger is going wrong?

Bringing it Home

- What kind of effects is anger having on your life right now? Do you see any places or ways it is having a corrosive impact, either on your relationships or on your own internal life?
- In a time in our culture where many people are angry, what does the church bring to the table that is unique? In other words, how are we, and our anger, different as Jesus-centered people?